

EXERCISE PHYSIOLOGY



INTRODUCTION

This research group located at the Department of Human Physiology and Education Physical Sports of the Faculty of Medicine, its accounts with a laboratory of functional tests. At present, this team wants to create a Unit Teaching-Care on Sports Medicine; in this way students can improve their knowledge through active learning, so they can may respond to a higher number of patients.

RESEARCH TOPICS

- Neuroendocrine control during exercise.
- Cardiorespiratory adaptation during the implementation of an activity.
- Cineantropometric study of different groups of athletes.
- Aerobic exercise until exhaustion, analyzing fatigue area.

SCIENTIFIC-TECHNICAL SERVICES

- Laboratory of functional test.
- Studies of sport medical (in the university community and the general population).
- Studies of sport medicine.
- Health care in sporting events.
- Health care to sports clubs.

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